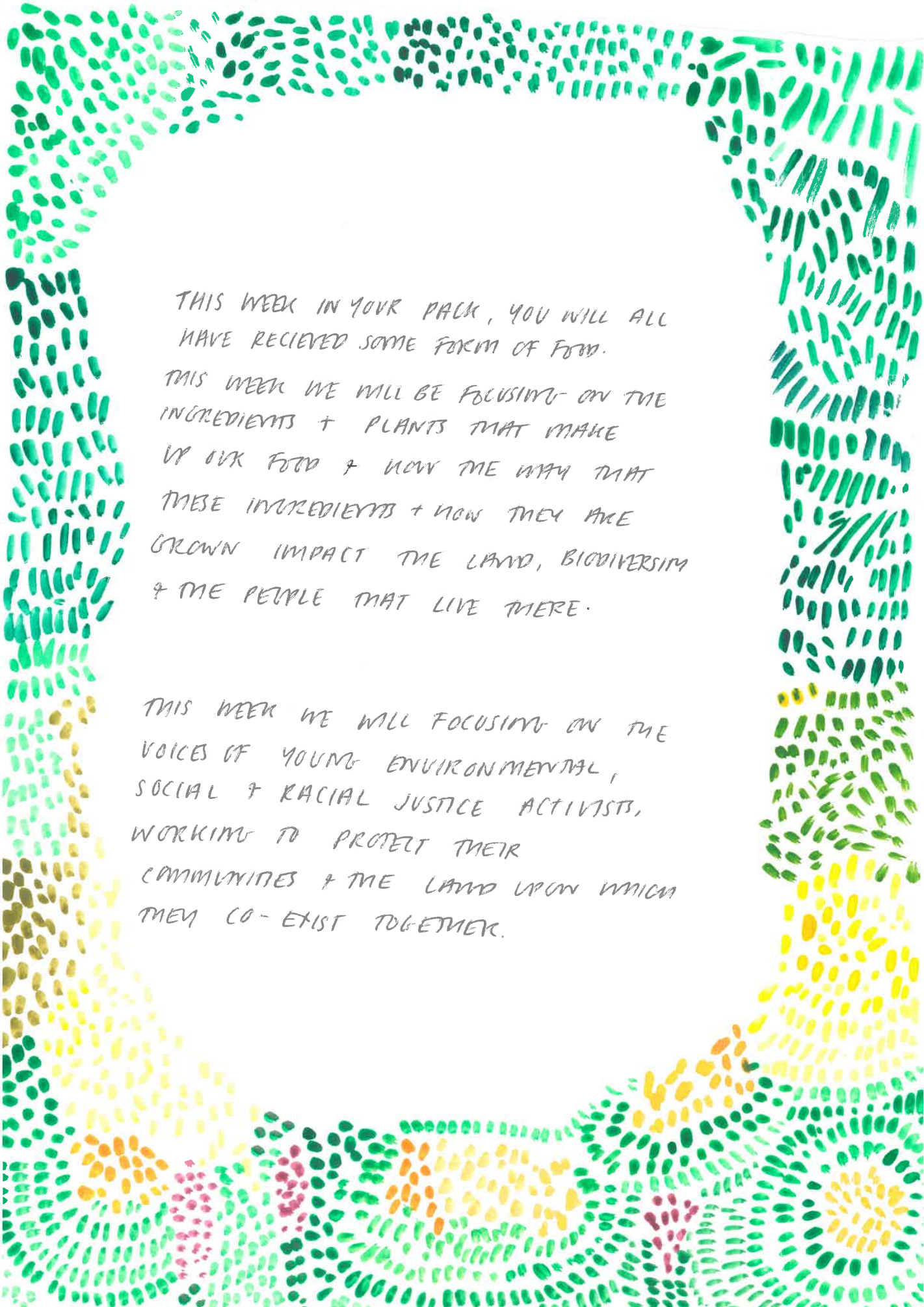




MINI FOOD
SCULTURE

A watercolor illustration featuring the text "MINI FOOD SCULTURE" in a bold, orange, hand-drawn font. The text is set against a background of green foliage and yellow dots. The foliage consists of various green leaves and branches, some with small red flowers. The yellow dots are scattered around the text, creating a textured, dotted effect. The overall style is artistic and colorful.



THIS WEEK IN YOUR PACK, YOU WILL ALL
HAVE RECEIVED SOME FORM OF FOOD.


THIS WEEK WE WILL BE FOCUSING ON THE
INGREDIENTS + PLANTS THAT MAKE
UP OUR FOOD + HOW THE WAY THAT
THESE INGREDIENTS + HOW THEY ARE
GROWN IMPACT THE LAND, BIODIVERSITY
+ THE PEOPLE THAT LIVE THERE.

THIS WEEK WE WILL FOCUSING ON THE
VOICES OF YOUNG ENVIRONMENTAL,
SOCIAL + RACIAL JUSTICE ACTIVISTS,
WORKING TO PROTECT THEIR
COMMUNITIES + THE LAND UPON WHICH
THEY CO-EXIST TOGETHER.

USING THE FOOD PROVIDED IN YOUR PACK,
WRITE DOWN A LIST OF ALL THE INGREDIENTS
IN YOUR FOOD (LOOK AT THE LABEL ON THE BACK)

CAN YOU MATCH THE INGREDIENTS WITH THE PLANTS OR
ANIMALS THAT GROW THIS INGREDIENTS!

WRITE A LIST BELOW (YOU MIGHT NEED YOUR
PARENTS / GUARDIANS HELP)



FROM YOUR INGREDIENTS LIST, THE NEXT
ACTIVIM IS TO THINK ABOUT ALL THE PLANTS
THAT MAKE UP YOUR FOOD & TO MAKE A
DRAWING.

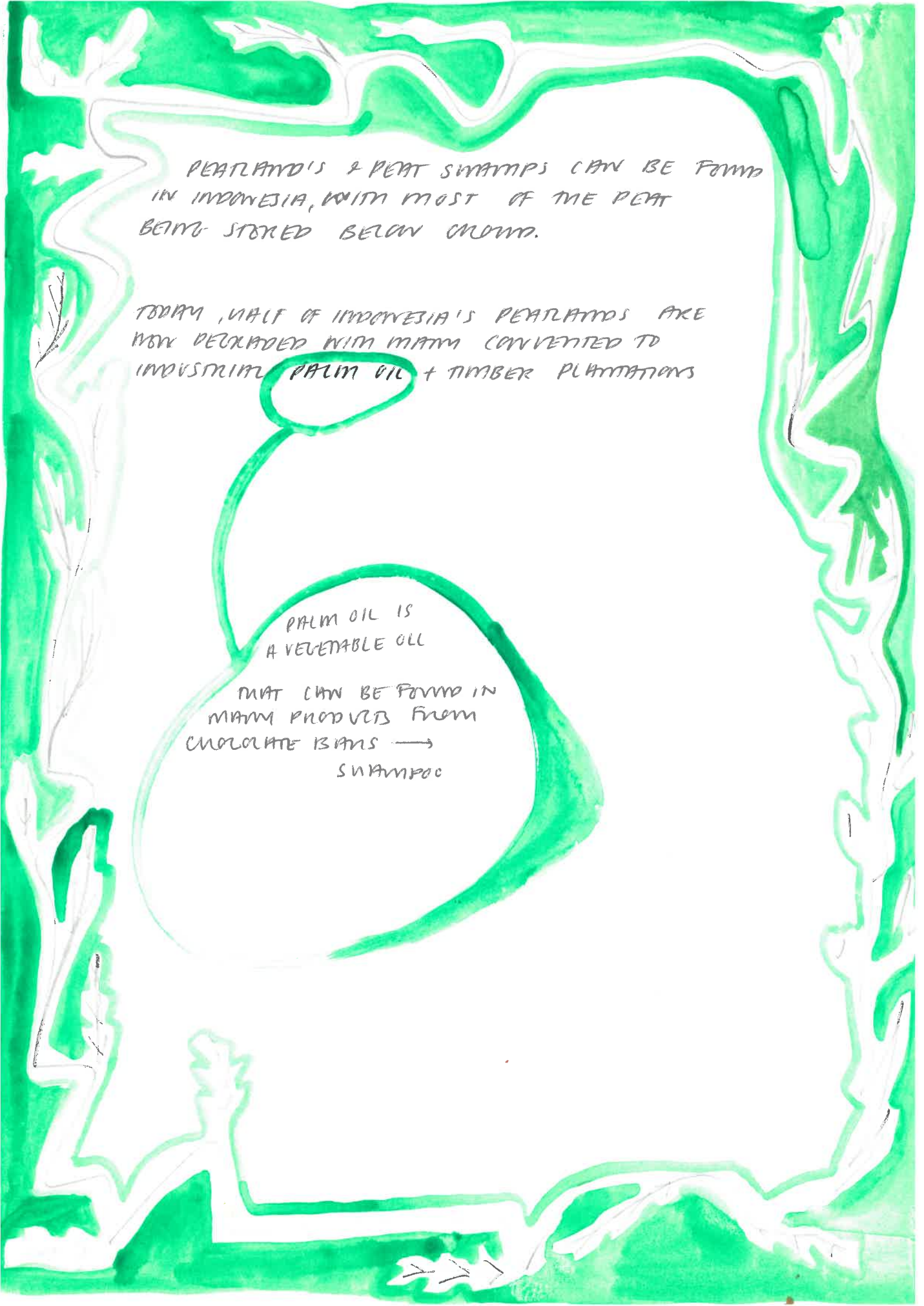
IN THIS DRAWING IMAGINE THE FOOD IN YOUR
ACTIVIM PACK TO BE A SEED & FROM IT
GROWS ALL OF ITS INGREDIENTS (FOR EXAMPLE
IF THE FOOD YOU HAVE IS CHOCOLATE - THE SEED
WOULD BE A CHOCOLATE BAR & FROM IT WOULD
GROW A PLANT THAT INCLUDES GRASS (MILK),
COCOA BEANS FROM THE THEOBROMA CACAO,
SUGAR (CANE AND SO ON) USE THE SPACE
BELOW.

MANY OF THE FOODS THAT WE EAT & GROW AFFECT ECOSYSTEMS, LAND & THE PEOPLE THAT LIVE THERE IN MANY DIFFERENT WAYS.

CLOSEST TO HOME THE PEATLANDS OF THE FLOW COUNTRY AND PARTICULARLY PEAT BOGS HAVE BEEN DAMAGED BY DIFFERENT THINGS. ~~UNDEVELOPED~~ THE WAY THE LAND HAS BEEN USED IN THE PAST (DRAINING THE LAND FOR AGRICULTURE) & (FOREST PLANTING) HAS DAMAGED THE LOCAL PEATLANDS.

BLANKET BOGS ARE VERY IMPORTANT TO OUR LOCAL ECOSYSTEM AS THEY PROVIDE A HABITAT FOR A DIVERSE RANGE OF BREEDING BIRDS, PLANTS & MANY FORMS OF LIFE:

PEATLANDS LIKE THE ONES ON OUR DOORSTEP ARE PREVALENT IN MANY PLACES ACROSS THE WORLD - IN PLACES NEAR THE POLES, AT HIGH ALTITUDES, IN COASTAL AREAS, BENEATH TROPICAL RAINFORESTS & IN BOREAL FOREST



PEATLANDS & PEAT SWAMPS CAN BE FOUND
IN INDONESIA, WITH MOST OF THE PEAT
BEING STORED BELOW GROUND.

TODAY, HALF OF INDONESIA'S PEATLANDS ARE
NOW DEGRADED WITH MANY CONVERTED TO
INDUSTRIAL PALM OIL + TIMBER PLANTATIONS

PALM OIL IS
A VEGETABLE OIL

THAT CAN BE FOUND IN
MANY PRODUCTS FROM
CHOCOLATE BARS →
SWAMPPOC

YOUNG INDIGENOUS INDONESIAN'S SUCH
AS KYNAN DEG-AR HAVE BEEN ACTIVELY
OPPOSING PALM OIL
COMPANIES FROM ENTERING
THEIR LAND.

KYNAN DEG-AR (14 YRS OLD)

"
IN MY AREA, IN MY COMMUNITY SPECIFICALLY WE
FOR HUNDREDS OF YEARS HAVE BEEN LUCKILY...
HAVE BEEN REJECTING THOSE PALM OIL COMPANIES
FROM ENTERING OUR LAND. BUT THE VILLAGES SURROUNDING
OURS, THEY DIDN'T. THEY ACCEPTED THE PALM OIL
COMPANIES. AND RIGHT NOW THEY'RE FACING THE
PROBLEMS THAT ARE RELATED TO THAT. THEY ARE
HAVING THEIR FORESTS TAKEN BEFORE THEM.
AND BECAUSE OF THAT THEY HAVE BEEN
FACING MANY, MANY PROBLEMS RELATED TO
THEIR FOOD, THEIR ECONOMY, AND EVEN CLEAN
SOURCE OF WATER. "

KYWAN DEGAR :

"

THE INDIGENOUS PEOPLE ARE THE BEST PROTECTOR OF THE LAND BECAUSE, FOR THOUSANDS OF YEARS, THEY HAVE LIVED IN THOSE LANDS. THEY HAVE LEARNED FROM THE LAND, FROM THE FOREST, HOW TO MAINTAIN IT CORRECTLY.

HOW TO USE IT, SUSTAINABLY, WHICH IS THE MOST IMPORTANT BIT. AND, FROM THERE, WE NEED TO LEARN FROM THEM. BECAUSE THOSE KNOWLEDGES HAVE BEEN ACCUMULATED ACROSS HUNDREDS AND THOUSANDS OF YEARS, IN COMPARISON TO WHAT WE HAVE NOW WITH THE MODERN LIFESTYLE WHICH IS JUST NOT SUSTAINABLE IN THE AREA, IN THE FOREST "



THE LAST ACTIVIM IS MINI FOOD SCULPTURE

USING THE FOOD PROVIDED IN YOUR PACK & YOUR LIST OF PLANTS THAT GROW TO FORM YOUR FOOD, MAKE A MINI SCULPTURE, USING YOUR FOOD, PAPER, PENS, PENCILS & TAPE.

THINKING ABOUT THE STORIES THE FOOD WE EAT TELLS US ABOUT THE WORLD AND PLACES THAT WE LIVE IN. THINKING ABOUT THE WAY SOME OF OUR FOODS IMPACTS PEOPLE, LANDS, PLANTS & ECOSYSTEMS.

P.S. YOU CAN EAT THE FOOD AFTERWARDS!